

Hungry Mother Women's Wellness Weekend Schedule

Friday, April 24, 2009

3 pm – 6 pm	Registration and lodging check-in
6:30 pm	Dinner and State Parks Introduction
8:00 pm	Campfire Program

Saturday, April 25, 2009

7 am	Outdoor Photography Workshop or Yoga (optional)
8 am – 9 am	Breakfast
9 am – 10 am	Session 1 workshops and programs
10:30 am – 11:30 am	Session 2 workshops and programs
11:30 am – 1 pm	Lunch
1 pm – 2 pm	Session 3 workshops and programs
2:30 pm – 3:30 pm	Session 4 workshops and programs
4:30 pm – 5:30 pm	Outdoor Photography Workshop (optional)
11:30 am – 6 pm	Exhibits
7 pm	Dinner
8:15 pm	Night Hike
9 pm	Stargazing Program

Sunday, April 26, 2009

7 am	Outdoor Photography Workshop or Morning Hike (optional)
8 am – 9 am	Breakfast
9 am – 10 am	Session 5 workshops and programs
10:30 am – 11:30 am	Session 6 workshops and programs
11:30 am	Official Program Ends